



# Annual Report 2024



# A Message from Our Board President

It's a joy to share Companis' 2024 Annual Report—a year of unprecedented growth and impact made possible by your advocacy and support. In 2024, **volunteer engagements rose 50%** from the previous year, with **111 placements across 67 nonprofits in King and Snohomish counties** — a 22% increase in partner nonprofits. Together, these placements returned more than **\$2.1 million** in estimated value to our community.

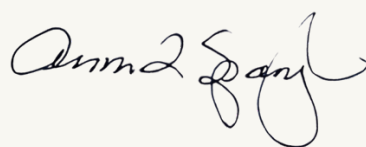
From food relief and housing support to financial management, communications, legal aid, youth mentoring, and advocacy for BIPOC and LGBTQIA programs, Companis volunteers strengthen the frontlines of care and community. Our partners tell us so.

***"I've been really impressed with how responsive Companis is," says Scott Fraser of SR3 (SeaLife Response, Rehabilitation, and Research). "It's difficult for small nonprofits to find the volunteers they need, and Companis helps with that."***

Stories like this reflect our values of compassion, service, inclusion, relationships, and reflection. It's been five years since the Companis Board and Staff committed to expanding our services into Snohomish County. **In that time, Companis volunteers have provided over \$1 million in estimated value to nonprofits Snohomish County alone.**

Today, more Companis volunteers are serving our neighbors than ever before—bringing their skills to a wider network of nonprofits and deepening impact across both counties.

Companis remains committed to its equity goals, ensuring our volunteers reflect the diversity of King and Snohomish counties. Their skills strengthen nonprofits while bringing personal joy and connection to their own lives. With no government funding, **we rely on you—our supporters and advocates—to make this work possible.** And with many of our nonprofit partners experiencing critical funding cuts, a strong Companis is needed now more than ever. **Thank you for standing with us.**



**Anne Spangler**

Board President  
Companis







*Photo: Some of our Companis board members.  
See a full list of our board on Page 8.*

# Our Mission

At Companis, our mission is to **make our communities in King & Snohomish counties healthier, safer, and more just by fostering skilled volunteer service.** We build relationships and bridge the gap so that nonprofits can succeed in delivering vital services with the help of a Companis volunteer.

We believe that every nonprofit should have the people-power needed to serve and succeed, and that every person moved to serve their neighbors has the opportunity to do so in a way that facilitates personal and professional growth, relationships, and a sense of purpose and community.

Through volunteer recruitment and matchmaking, volunteer support programming, and nonprofit capacity building, we strive to create a world where compassion meets action.

## CONTACT US

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Seattle, WA 98122

### Everett Office

The Village on Casino Rd.  
14 E. Casino Rd., Everett, WA 98204

Platinum  
Transparency  
2025

Candid.



# 2024 Milestones

In 2024, Companis celebrated our **biggest year of impact in our 30 year history**, with a **50% increase** in volunteer placements from 2023 to 2024!

## 111

Volunteer Placements, most of which are 1 year in length

## 67

nonprofit partners, a 22% increase from '23 to '24

## 38%

Nonprofit partners primarily serving our BIPOC neighbors

## 94%

Companis volunteers who complete their volunteer placement, on average



Companis is a home, a place where I feel I belong. You get to connect with different people and different organizations, and it's a great way to find yourself.

- Viola Eldred  
Companis Volunteer





# Financial Accountability



We are committed to transparency in how donations are utilized to create positive change in our community. Below is an overview of our financials for 2024:

## \$737,171

Total Revenue



### \$389,396

From Individual Donors



### ROI : 3x

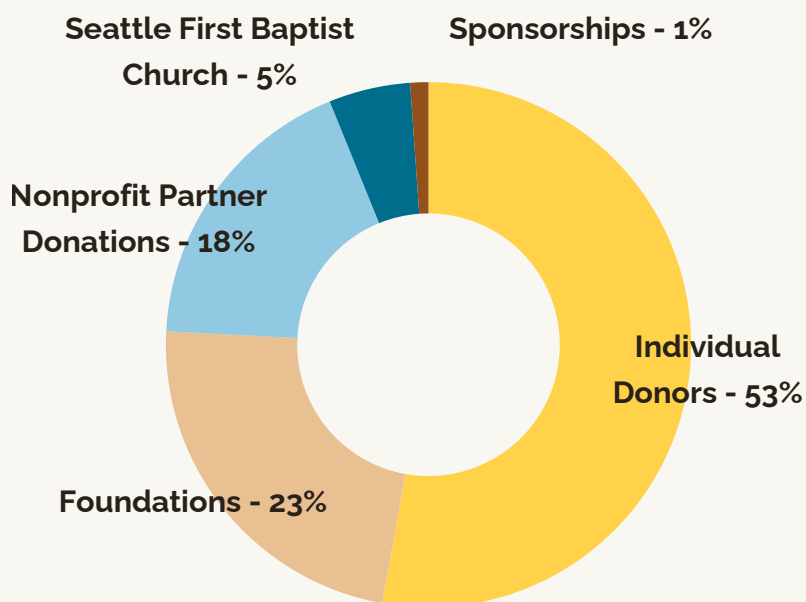
**Return on investment**

Every \$1 invested in Companis returns \$3 to our communities



### \$2.1 million

est. value returned to the community



# Our Nonprofit Partners

## Food Security

- **Black Farmers Collective**
- **The Cathedral Kitchen at St James** (First Hill)
- **ChildStrive** (Snohomish County) – multiple programs, including food pantry for families
- **Community Loaves** – bakers for the bread program
- **Farmer Frog** (Snohomish, rural county area)
- **Feed The Need Pantry** (Burien)
- **Madres** (Everett) – empowering Hispanic community members through education, nutrition and health
- **North Helpline** (North Seattle)
- **Northshore Senior Center** (NE King and Snohomish County line area)
- **Senior Center of West Seattle**
- **Snohomish Healing Project** – food programs for those with life-threatening illness
- **Sound Generations**
- **Southeast Seattle Senior Center**
- **7400 Woodlawn Seattle** – Emmaus' Table food program

## BIPOC Focused

- **Black Farmers Collective**
- **Connect Casino Road** (Everett) – serving LatinX families and individuals in Everett
- **Feed The Need Pantry** (Burien)
- **Helping Link** – serving King County's Vietnamese immigrant community
- **House of Wisdom** – immigrant and refugee tutoring in Lynnwood/Edmonds area
- **Keep Dreams Alive** (Marysville) – Spanish language assistance programs for immigrants and refugees
- **Madres** (Everett)
- **Minds Matter Seattle** – mentoring for high school students from under-resourced communities in South Seattle and S. King City
- **Northwest African American Museum (NAAM)**
- **Participatory Justice** (Everett) – bail reform
- **Queen Anne Baptist Church** – immigrant and refugee assistance program
- **Read-a-Rama** – literacy program
- **Resounding Love Center for the Arts** – liberation & social justice choir
- **Seattle – Limbe Cameroon Sister City Assoc.** – Days for Girls program

- **The ACCESS Project** (Lynnwood) – youth-focused mental health advocacy and referral
- **Westside HEY Coalition** – youth health & safety
- **Women United Seattle** – kinship program for grandmothers raising their grandkids

## Healthcare & Behavioral Health

- **ChildStrive** – nurse/family neo and post natal programs
- **Connect Casino Road** (Everett) – serving LatinX families and individuals in Everett
- **Heart Art Healing** (Lynnwood) – art therapies for behavioral health
- **Lahai Health** (N. King & S. Snohomish County) – community clinic for medical & dental care, counseling and more
- **Lutheran Community Services Northwest** – child welfare programs
- **Madres** (Everett) – empowering Hispanic community members through education, nutrition and health
- **MercyWatch** – street medical outreach in Everett and Lynnwood
- **MSHH Donor Closet** – medical equipment for people living with Multiple Sclerosis
- **North Helpline** (North Seattle) – partnering with health and behavioral health programs
- **Prescription Drug Assistance Program** – low or no-cost medication assistance and referral
- **Snohomish Healing Project**
- **Sound Generations** – large variety of senior health programs
- **The ACCESS Project** (Lynnwood)
- **Verdant Health Commission** (S. Snohomish County)

## Disability Services & Advocacy

- **All Aboard** (Everett) – activities center for adults with disabilities
- **Footloose Disabled Sailing** – sailing program for people with various disabilities
- **MSHH Donor Closet** – medical equipment for people living with Multiple Sclerosis

### Key



**Snohomish County**

**King County**



# Our Nonprofit Partners

## Homelessness & Housing

- **Elizabeth Gregory Home** (U District) – women's transition home and day center, Seattle
- **Hilltop Senior Residence** (First Hill) – low-income independent living housing nonprofit
- **Lake City Partners Ending Homelessness** (N. Seattle/Shoreline) – shelter and day center
- **Lutheran Community Services Northwest** (King and Snohomish Counties) – resource navigation
- **Mary's Place** – Seattle family day center and Bellevue family shelter
- **Seattle King County Coalition on Homelessness**
- **Sound Generations** – senior services and low-income housing

## LGBTQIA+ Advocacy & Resources

- **Diverse Harmony** – nation's first queer-straight alliance youth chorus
- **PFLAG Seattle** – supporting LGBTQIA+ families and their allies
- **Queer Power Alliance** – economic and housing justice programs for LGBTQIA+ in Seattle and S. King County

## Youth & Education

- **Arts Ed Washington** – youth arts advocacy & equitable arts access across WA state
- **Backstage Foundation** (Snohomish and King Counties) – free/affordable dance programs
- **ChildStrive**
- **Connect Casino Road** (Everett)
- **Girls on the Run** (Snohomish County)
- **Helping Link**
- **House of Wisdom**
- **Improving School Attendance** – addressing root causes of absence, including homelessness
- **Lutheran Community Services Northwest**
- **Mwanzo** – Seattle-based organization serving Kenyan girls education
- **Read-a-Rama**
- **Reading Partners Seattle** (S. King County) – youth literacy & tutoring programs
- **Seattle Colleges Foundation**
- **Snohomish County Early Learning Coalition**
- **The ACCESS Project**

- **University District Child Center** – Nonprofit day care programs
- **Washington Data Bootcamp** – Statewide STEM education & workforce development programs
- **Westside HEY Coalition** – public school tutoring program & parent/caregiver education

## Senior Services

- **Hilltop Senior Residence** (First Hill)
- **Lutheran Community Services Northwest** (Puget Sound North) – senior immigrant and refugee services
- **MSHH Donor Closet** – medical equipment
- **Northshore Senior Center** (Bothell) – serving both Snohomish and King County seniors
- **Sound Generations**
- **Southeast Seattle Senior Center**
- **The Center for Active Living (West Seattle)**
- **Women United Seattle** – kinship & caregiver support programs

## Arts & Culture

- **Arts Ed Washington**
- **Backstage Foundation** (Snohomish and King Counties) – free/affordable dance training opportunities for youth
- **Edmonds/South Snohomish County Historical Society**
- **Diverse Harmony** – nation's first queer-straight alliance youth chorus
- **Heart Art Healing** (Lynnwood)
- **KSER Public Radio**
- **Northwest African American Museum**
- **Resounding Love Center for the Arts** – liberation & social justice choir
- **Stanwood Camano Arts Advocacy Commission (SCAAC)**

## Environmental Conservation & Animal Welfare

- **Farmer Frog** (Snohomish) – sustainable farming
- **Sealife Response, Rehab, and Research (SR3)** (Des Moines) – marine animal hospital

# Team & Impact Partners

## Companis Board

### **Anne Spangler | President**

Retired, General Counsel Snohomish County PUD

### **Jennifer Freimund | Vice President**

Retired, Nonprofit ED

### **Sallie Neillie | Treasurer**

Retired, ED & Founder, Project Access Northwest

### **Rita Hibbard | Secretary**

Retired, Asst. Managing Editor,  
Seattle Post-Intelligencer

### **Gary Davis | Board Member**

Executive Director, Companis

### **Sandeep Khot, M.D. | Board Member**

Neurologist, Harborview Medical Center, UW

### **Devnee Gadbois | Board Member**

Retired, Sr. Dir. of HR, Seattle Children's Hospital

### **Pinky Herrera | Board Member**

Sr. Program Manager, Community Health  
Investment, Providence Swedish Hospital

### **Kevin Hakimi, M.D. | Board Member**

Federal Healthcare System

### **Sterling Morris | Board Member**

Retired, Communications Executive

### **Punam Verma, PhD | Board Member**

Retired, Dir. of Clinical Microbiology, Virginia Mason

### **In Memoriam: Constance Wilkinson**

Former Companis Board Vice President

## Companis Staff

**Gary Davis** | Executive Director

**Jillian Harmon** | Assoc. Executive Director

**Mary Ann Goto** | Director of Development

**Winston Wedge** | Administrative Manager

## Companis Consultants

**Cynthia Hunter** | Outreach Specialist

**Erin Hennessey** | Communications

**Theresa Pruett** | Grant Writer

**Phil Mervin** | Finance Manager

### **Special Projects Support from:**

CL Strategic, Inola de la Cruz, Tess Selim,  
Ashley Fontaine, Golden Davenport, and  
Charissa Soriano

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John C. & Karyl K. Hughes Foundation  
Olson Foundation  
Marie Lamfrom Foundation  
EverTrust Foundation  
Don B. & Marjorie B. Edwards Revocable Trust  
The Darling Family Trust  
The Becker Wilkinson Fund



Companis connected me with an organization I never knew existed. [Volunteering with Companis] is a great way to use your talents...and make a real difference.

- Golden Davenport, Companis Volunteer